

한인생활상담소

KOREAN COMMUNITY SERVICE CENTER

Vol. 2 May 2016

NewNo need to worry anymore about Translation & Interpretation!

Over the last three months, KCSC has partnered with specialists to provide a translation and interpretation service in an effort to alleviate the issues caused by the language barrier.

It is not enough to just transfer languages; One must understand cultures as well. With this in mind, KCSC is working to create the best T&I service that we can.

This service is open to all Koreans, but priority is given to people who joined our other programs.

Our Work

KCSC performs important work every day, including helping to low income and elderly individuals access welfare benefits, consulting on applications for citizenship or residence, free legal advise, individual and family counseling, help people addicted to alcohol and drugs, the youth leadership camp, and more.

We plan to continue to provide a safe place for 1st and 2nd generation individuals, and to work with like-minded organizations to take on new challenges do even better work in the future.

Especially with this year's election of America's 45th president, we want to emphasize to our citizen friends how important it is to vote and we plan on holding a "Ballot Party" to explain the process and register voters.

Youth Leadership Camp

KCSC plans to hold a leadership camp for students in 9th~12th grade over the summer. The topic will be "Dreams and Challenges" and it will look at what students' roles will be in mainstream society and how their Korean identity plays into that. It will also look at developing leadership skills.

The largest benefit gained from this camp, according to previous participants, is that it helped them establish their identity. Several participants have said that they are more confident and sure of their Korean-American identity as a result of the camp. Parents of repeat participates have expressed thanks for the central role of discussions with students.

This camp provides a forum for like-minded students to find their own way to harmonize this generation's values and challenges in an effort to build a better future.

We cannot emphasize enough that it is the parent's active interest and support that makes this a meaningful experience.

New Address

We recently moved from room #107 in the green building across from Buhan Market in Edmonds to room #206 in the same building.

■Table of Contents■

- l * Community Center News
 - Excerpt of essay
- 2 💠 Washington Apple Care
 - New rules for food stamps: "ABAWD"
- 3 ❖ Q&A
 - ❖ Wind, sunlight, and I
 - Psychology Column
- 4 ❖ About the US Presidential Election

It's ok-

When I hear these words, I still get choked up.

When we lost in the final four of the 2002 World cup, The spectators shouted to the players "It's ok! It's ok!"

When working on a problem, even if I do not solve it

My friends embrace me

"It's ok! It's ok!"

'Just that is good' gives courage
'I will look the other way, no matter what you do' gives forgiveness
'No matter what happens, I'll be at your side' gives encouragement
'Even if you hurt, don't be sad' gives comfort

Words that raise the spirit

It's ok~

Excerpt of Prof. Chang Young Hui's essay, "Past and future miracles"

Washington Apple Health

Washington Apple Health (Medicaid) provides free health insurance to qualified individuals and families.

When you recieve the Service Card (blue) and the Managed Care Plan Card(White) in the mail, you can choose from among 5 insurance companies to register with. The Managed Care Plan card covers most medical procedures and prescriptions while the Service card covers destistry, and for individuals under 21 years of age, it also covers vision, hearing, cancer, and pregnancy.

You can apply all year, but you must report any change of income, family size, or address.

Qualifications: For Washington residents, the following chart applies.

Child	Age 0~18
	Family's icome is below 312% of the
	poverty line.
Adult	Age 19~64
	Family's icome is below 138% of the
	poverty line.
Pregnant Women	Family's icome is below 198% of the
	poverty line.
	(Include the unborn baby when
	calculating family size)

New rules for food stamps: "ABAWD"

Due to a strengthening of the rules around the Supplemental Nutrition Assistance Program (SNAP), some people will no longer qualify to recieve the benefit. The main factors determining your benefits are still your family size and income, but beginning January 1st, 2016, healthy childless adults between 18 and 49 (Able-Bodied Adults Without Dependents or ABAWD) have been subject to more rules. If they are not spending sufficient time in work or training, they only qualify for 3 months every 3 years.

This is to prevent people from taking advantage of the benefits system despite being able to work.

♣Exceptions to the above rules

- If you work or volunteer at least 30 hours per week
- If you receive SSI, SSDI, ABD, or Worker's Comp
- Individuals with an affidavit signed by a doctor that they have a mental of physical disability that renders them unable to work.
- If you are homeless

- If you are in rehab for drug or alcohol addiction.
- If you are a student attending high school or college more than ½ time
- If you have children under the age of 18
- If you are pregnant
- If you are the caretaker of disabled, children, or elderly
- If you are a resident of counties other than Snohomish or King. (In Pierce County, this only applies to Tacoma and Lakewood.

♣There are no restrictions on SNAP benefits if you:

- Work for more than 80 hours per month
- Participate in for more than 20 hours per week in a job training program
- Volunteer at a public institution or non-profit for more than 16 hours per week (DSHS may still allow this even if you do not reach 16 hours)

*For details about your requirements, please ask KCSC



East West Acupuncture

Lynnwood: 425-778-5691 18904 Hwy 99 #F Lynnwood WA 98036

KCSC Membership Application

We wish to grow in partnership with our neighbors. We are waiting for our wonderful backers to join us. \$25/year(), \$50/year(), \$100/year(), other amount(

Full Name: Hangeul

English

- E-mail:
- Phone Number:

AIf you become a member, you will recieve our newsletter

Q&A What do you want to know?

Wind Sunlight, and I

- (Q) I have heard that if I have been abroad for more than 180 days in a row in the last five years, I cannot apply for citizenship, but I have spent just slightly more than 180 days abroad. Will they reject my application?
- (A) Spending more than six months (but less that one year) overseas does not necessarily disqualify you provided you can prove that you did not forfeit your permanent resident status.
- ①You have proof of employment within the USA ②You have immediate family in the USA ③You kept a home in the USA ④If you can provide definitive proof that you did not work outside the USA, your residency status might be unnaffected.
- (Q) I married my American husband and recieved a temporary residence permit over 1 year ago, but now we are in the process of divorce. I know that after 2 years on a temporary residence card, you need to apply for legal residence, but will I be able to if I am divorced?
- (A) If you gained residence due to marraige with a US citizen, and you apply together within 90 days of 2 years after gaining residence, then legal

residence will be granted.

However, there are four cases where you might still get legal residence even if you apply without your partner's signature.

- ①If you had a bona-fide marriage, but are now widowed.
- ②If you had a bona-fide marriage, but it later ended in divorce or annulment.
- ③You had a bona-fide marriage and are still married, but are the victim of domestic violence thanks to your spouse.
- 4) Deportation would cause undue hardship.

You can prove that your marriage was bona fide if you had children together, if you took out a lease or loan together, if you shared a bank account or credit card, if you paid taxes together, or presented yourself as married to your friends.

The important point here is that to apply alone, those accounts should be canceled, and your divorce final. If you still in the middle of your divorce, you need to provide additional documents detailing the reasons for divorce, and your filing deadline is usually extended for 8 days. In addition, when an immigrant divorces, a declaration of the reason for divorce must be filed and the chances of requiring an interview is high.

The wind blew on the glass door
And pushed it open

Then the sunlight followed And began the threeway conversation

Grandmother
Aren't you lonely by yourself

The sun and the wind asked
I need to be alone
To have answered you

With stubbornness
This has been an afternoon

of laughing at talk of taking the easy way

99 Year old grandmother's poem, 'Shibata Toyo'

Psychology Column

Gyeonghui Lee, (KCSC psychology expert, education scholar)

Love Languages

Prominent American counselor, Gary Chapman has used his many hours of counseling to research the methods of communicating love between spouses and between parents and children. This has resulted in the five love languages: ①Words of affirmation ② Quality time ③ Gifts ④Acts of service ⑤Physical touch. Each person has their own love language and in order to communicate love, people should learn to speak their partner's language.

At the beginning, love is easy, but keeping it alive requires will and effort. Try to find together which of the five love languages is important to you and which is important to your partner. In one couple on the brink of divorce that I couseled, the husband's language was words of affirmation and

the wife's was acts of service, (particularly related to taking

care of the kids and household chores). If you use the wrong love language, you are not communicating love. You should study your partner's love language as you would a foreign language in order to understand it.



About the US Presidential Election

Unlike Korea, America's presidential election is indirect. To allow our members to play a more active role in the election, we have included the following explanation to help you understand it.

First, each party selects their candidate through a system of **caucuses** and **primaries**. Bases on the results of the caucuses and primaries, each state selects **delegates** to the National Convention to choose the candidate. Each state chooses whether to hold a caucus or a primary. Caucuses are run by the parties and are only open to members, but primaries are run by the state and allow ordinary voters to participate. The primary process lasts from January to June, but the largest number of states voting at once happens in early March on "**Super Tuesday**." Ordinarily, the winner of each party's primaries this day will go on to win the nomination.

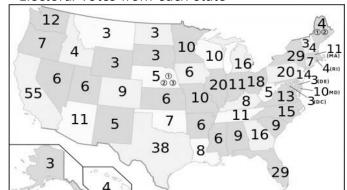
Once each state has made their choice, each party holds a convention between July and early September to officially announce their nominee. Here, the winning candidates from the **Democrat** and **Republican** parties announce their running mates. This is in reality a TV spectacle geared toward the election.

The presidential election is the "Tuesday of the first week in November that contains a Monday" This year, it falls on November 6th. Unlike Korea's direct election for president, America's presidential election runs on the **Electoral College** system, where each state elects electors who then meet to choose the president. Each state holds their own election with a **winner take**

all system where the winning candidate gets all of the electors from each state. Each state sends one elector for each of its two senators for a total of 100, and one based on population, for each member of the house, totalling 435. Add the 3 from Washington, DC, and there are 538 electors. If one candidate wins 270 or more electors, they are the next president. In December, the electors gather to formally choose the next president and then in January, the inauguration ceremony is held.

This process has the disadvantage that if the more popular candidate loses in the big states (California, Texas, Florida, etc.), he or she could still lose the election. In the 2000 election, Democrat Al Gore got 400,000 more votes than Republican George Bush, but lost anyway due to the electoral college.

<Electoral votes from each state>



Do you know Bethel Pharmacy? It's always there for us!!

BETHEL PHARMACY 벧엘약국

Tel: 425-741-0075

17414 Highway 99, Ste 100, Lynnwood, WA 98037

Reliable Korean bank~

Lynnwood: 425-778-5691 Tacoma: 253-581-9700

Federal Way: 253-946-9700

Bellevue: 425-454-9700



Korean Community Service Center Board

Tim Kim

Joomi Kim

Chair Director Members

John Kwak
Jeong Young Kwak
Joon Bae Kim
Myung Rae Park
Sarah Shim
Buwon Brown
Susan Lee
Cheryl Lee
Christina Lee
Young Chang
Key Shin

Editors

Sook Ham Young Mi Lee

Translator

Michael Wakeley

Phone: **425-776-2400** Website: **kcscseattle.org** Address:

Address:

22727 Hwy 99 Suite 206, Edmonds WA 98026